



# SAINT-MALO



Bulletin - October/Octobre 2024  
0860 Assemblée Cartier Assembly 0860  
Fall Édition d'automne - V2

## FAITHFUL NAVIGATOR'S MESSAGE - Fall 2024

Dear Sir Knights:

As the fall of 2024 approaches, our assembly is about to mark a significant milestone-103 years of existence. January 14th, 1922, stands



as the official birth date of our Assembly, a momentous occasion that we should all take pride in. This milestone also aligns with the 125th anniversary

of the Knights of Columbus in Ontario, further underscoring our rich history and tradition.

At the same time, I also point out that K. of C. Squires will celebrate their 100<sup>th</sup> Anniversary in Ontario.

I look forward to this upcoming year as your FN, and my hope is to see many more of you out to our once-a-month meeting on the 3<sup>rd</sup> Thursday of every month held in our chambers off the Scavi of St Patrick's Basilica. It is only once a month, and meeting time has been

moved back a half hour to 1930 hrs or 730 PM to make it easier for brothers to attend without being in the heavy rush hour traffic. Yes, the meeting ends later, but it is likely the best option.

Moore's is now taking orders for the new uniform. Let it be known that our assembly will help reduce the costs in a small manner. Acquisition of the uniform will help grow the Patriotic Arm of the Knights of Columbus. Furthermore, the number of Honour Guards sometimes leads to exceptionally busy times. The more sir knights with the uniform, the less pressure on all sir knights while maintaining an Honour Guard presentation that will have an impact.

In short, one of my goals is to grow the 4<sup>th</sup> degree and enhance our involvement relative to what the 'visible arm' offers.

God bless, take care.

Thank you for now.  
Wayne Watts  
Faithful Navigator



## MESSAGE FROM OUR FAITHFUL FRIAR - Fr. EMEKA - Fall 2024

My dear brother Knights,

I thank God for the opportunity to reach out to



all of you through this medium. First, I am Honoured and immensely humbled to be appointed by the Archbishop, Most Rev Marcel Damphousse, as the faithful Friar of the

Cartier Assembly. I thank God for that opportunity to serve such a revered group of faith-filled men in the Catholic Church. I consider this a huge opportunity to continue the evangelization for which we were all called. Thank you so much for accepting me in your midst. I pray that together we will continue to promote our faith, our various councils, and the fraternal union between all of us.

I am therefore looking forward to the coming year with lots of hope and enthusiasm. I always consider every new day a gift from God and so this new fraternal year will not be any different. I am looking forward to meeting and getting to know many of you on personal basis as different from emails and virtual meetings.

I want to remind us also that October is dedicated each year to the Rosary. The Feast of Our Lady of the Rosary was introduced by Pope St Pius V in the year 1571. Please do make

time to say your rosary even more this month of October. If you say it with your family together, it would even be better. The theme for Pope's intention for the month of October is "For a shared mission." He wants us to "pray that the Church continue to sustain in all ways a Synodal lifestyle, as a sign of Co-responsibility, promoting the participation, the communion and the mission shared among priests, religious and lay people."

Again, we are gradually winding down towards Thanksgiving. It is always a very wonderful opportunity, my dear brothers, to appreciate God and all his blessings and mercies. I urge you, revered brothers, to adopt the attitude of gratitude in all you do. We, unfortunately, take so many things for granted that we even miss receiving more blessings from God. We need to make out time to be grateful and never to sit and grumble for the things we feel that we do not have. God's will is always the best for us.

Finally, I want to remind us of the demise of the Vicar General of the Archdiocese of Ottawa-Cornwall, Msgr. Kevin Maloney. He passed away on Friday, the 20<sup>th</sup> of September 2024. His funeral was on Friday, the 27<sup>th</sup> of September 2024, at St. Columban Church, Cornwall. Do kindly pray for the happy repose of the soul of Msgr. Kevin.

Thank you so much and God bless you.

In Christ,  
Fr Emeke Onyeogubalu  
Faithful Friar



# St. Malo



## FAITHFUL COMMANDER'S REPORT

### Recent Honour Guards

6 and 7 July: St. Patrick's Basilica, for the veneration of the statue of Our Lady of the Cape.

31 July: St. Clare's, Dwyer Hill Rd., for the funeral of SK Alfred Kavanagh (87), member of Cartier Assembly. Three 3<sup>rd</sup> degree members from Richmond Council processed in company with the HG. District Marshall, SK Dan Burnett, commanded.

12 August: Notre Dame Cemetery, for the unveiling of restored Tombstones of Past State Deputies and Notable Knights. Our FN, SK Wayne Watts, Marshall for State events during the 125<sup>th</sup> Anniversary year, commanded.

25 August: Holy Redeemer, for the 30<sup>th</sup> Anniversary of Ordination of Fr. Paul. SK Wayne Watts Commanded.



14 September: St. Clement, for the feast of the Exaltation of the Cross and the visit of Cardinal Müller joint with Fr. Reynolds Assembly. As Cartier members arrived at the last-minute due Queensway construction, PFN Fr. Reynolds Assembly, SK Gerry Cook, assumed and performed the duties of Commander. Well-done.

15 September: St. Charbel, for the investiture of the Pastor, Fr. Henri Imad as Monseigneur. The HG was cancelled, in part due to shortage of SKs. The District Master, SK David Cupido, and the District Marshal, Dan Burnett, tried hard to find sufficient resources to conduct the HG.



28 September: Holy Redeemer, for the Mass for the Spiritual Motherhood of Priests. The Celebrant was Scott McCaig, Bishop of the Military Ordinariate of Canada and Chaplain for the Spiritual Motherhood of Priests. SK Wayne Watts commanded.

### **Planned Honour Guards and Related Events**

For advance information. Please refer to emails from the Faithful Navigator closer to the event for up-to-date details.

02 November, 10:30 a.m., St Patrick's Basilica. Assembly, Council and Parish Memorial Mass.

02 November, 1:00 p.m., at Holy Redeemer, Installation of Assembly Officers.

10 November, 10:00 a.m., at St. Basil's Parish, 940 Rex Ave, Ottawa, for Remembrance Day Mass.

10 November, 10:30 a.m., at St. John the Apostle, 2340 Baseline Rd., for Remembrance Day Mass.

25 January, the 125th Anniversary Dinner and other activities celebrating "Pioneer" Council 485.

1. Small Honour Guard (3 Sir Knights), St. Patrick's Basilica Honoris, start time targeting 10 a.m., blessing of the New Council 485/Assembly 860 banners and unveiling of a plaque from the Knights of Columbus acknowledging the birthplace of the order in Ontario.
2. Full Honour Guard, St. Patrick's Basilica, 4:30 p.m., Vigil Mass.
3. Full Honour Guard, Weston Hotel Ottawa, Banquet Dinner (6pm Cocktails, 7pm Start) honouring Council 485. There will be several dignitaries in attendance (Archbishop, State Deputy, GKs, and Political Officials).

With Moore's Canada now supplying our new Uniform, we can look forward to additional Knights participating in Assembly Honour Guards. This will be a welcome relief for the small but valiant band of Sir Knights, who got their uniform early, and have been supporting our Honour Guards during and since COVID. Thank you!

Mike Proctor

Co-Commander under the authority of

Wayne Watts

Faithful Navigator and Marshall

for 125<sup>th</sup> Anniversary State Events.



## HONOUR GUARDS

Those in attendance view the presence of an Honour Guard at a funeral or other event as very significant. The 4<sup>th</sup>-Degree Honour Guard heightens the visible aspect of the Knights of Columbus' presence in our communities. What follows is a protocol for requesting an Honour Guard and some additional information for those planning and participating in Honour Guards.

**Who can request the presence of an Honour Guard?** Any priest or religious, a brother knight, the family of a deceased member, or any other representative of an event where the presence of an Honour Guard would be appreciated.

**For what events may an Honour Guard be requested?** Keep an open mind. It is better to ask and get a negative response than hear after the fact an Honour Guard request would have been approved.

### **What are the steps to follow?**

1. Do not wait until the last minute to make a request. The sooner, the better. Planning is critical for the one requesting, and even more so for the 4<sup>th</sup>-Degree assembly authorizing and supporting an Honour Guard.
2. All requests must eventually reach the faithful navigator of an assembly. It is his responsibility to approve the Honour Guard. More often than not, a brother knight will forward a request to the FN. Or, a brother knight will be approached and become aware of an opportunity for the presence of an Honour Guard. He will then advise the FN.
3. Honour Guards are commonly referred to as being area-wide. There are four English assemblies and a complementary number of French assemblies. Assemblies will assist one another to ensure a proper level of coverage for the enactment of an Honour Guard.

### **What are the details required?**

1. The basic details required are the date, time, and location, including the nature of the event. If this is a unique event with the presence of a cardinal, bishop, or other prominent individual, an explanation should be given.
2. Knowing if the parish pastor is making the request is imperative. Will he be the presider, or will it be a bishop or other attending priest? This information is essential for the Commander of the Honour Guard. He knows who to approach to get details of what is expected from the Guard and what procedures to follow. And when he arrives for the



Honour Guard, the Commander knows who to seek out. It would be helpful if a brother knight of the council could be present to greet the Commander.

### **What happens after the approval of an Honour Guard?**

1. Information regarding the Honour Guard can be assembled and appropriately distributed.
  - a. The notice of the Honour Guard request is sent to the Worthy Master. He sends it to the faithful navigators of the assemblies under his command.
  - b. Each FN will send the notice to the sir knights of his assembly. The notice is also for informational purposes, not just a call for certain sir knights to participate in the Honour Guard. We are a fraternal organization! Knowledge from a communication received is paramount.

### **What happens on the day of the honour Guard?**

1. It is best to consider carpooling. Parking can be an issue for some honour Guards, depending on the location or the event being attended. Further, energy savings can be realized.
2. The Commander will approach the presider/celebrant and gather the information necessary to understand what is expected of the honour Guard and to ensure that he is familiar with the procedures of the Mass and any additional activities/processions/benedictions or similar planned for before and after Mass.
3. Honour Guard participants should arrive half an hour before the start time. The Commander will have instructions for the Guard.
4. Honour Guard decorum should be practiced while in formation. How the Honour Guard presents itself is critical. Attention to duty should prevail. Unnecessary socializing, conversation, or being fidgety should be avoided. This is especially true when the Guard is in the worship area, thus respecting parishioners involved in prayer or quietly preparing themselves for Mass.

Submitted by

SK Henry Kinsella

Faithful Scribe and

Past Faithful Navigator



## **ELECTED OFFICERS CARTIER ASSEMBLY- 2024/2025 FRATERNAL YEAR**

Reprinted from the June/Juin 2024 edition of the St. Malo as an Aide-Mémoire

Faithful Navigator	SK Wayne Watts
Faithful Comptroller	SK John De Bruyn
Faithful Friar	SK Fr. Emeka J. Onyeogubalu (appointed)
Faithful Captain	SK Daniel Boyer
Faithful Admiral	SK Finley Kavanagh
Faithful Purser	SK Joe Prince
Faithful Pilot	SK Michael Leeder
Faithful Scribe	SK Henry Kinsella
Inner Sentinel	SK Tom Kavanagh
Outer Sentinel	SK Mike Ferrigan
One Year Trustee	Antonius (Tony) J. Van Muyden
Two Year Trustee	SK Deacon Jacques Mayer
Three Tear Trustee	SK John Schembri

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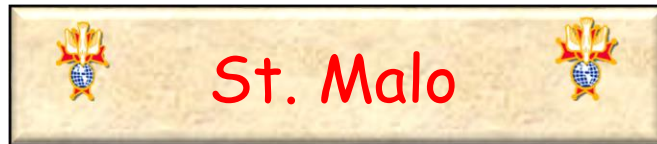
## **A REFLECTION**

### **The Surrender Prayer**

"Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Let the day's own trouble be sufficient for the day." Matthew 6:34

The following is a link to the Surrender Novena.

**<https://www.intercessorsofthetrinity.org/prayers/surrender-novena>**



## FOURTH DEGREE'S 125<sup>th</sup> ANNIVERSARY

Since 22<sup>nd</sup> February, 1900

**By Supreme Master Michael MCCUSKER**

What the Fourth Degree Knights are doing right now is most important: We are getting ready for the Fourth Degree's 125th anniversary.



The first Fourth Degree exemplification was held Feb. 22, 1900, in New York City — they chose that date because it was George Washington's birthday. We're

going to have a terrific celebration Feb. 22, 2025, at St. Patrick's Cathedral in New York City. Cardinal Timothy Dolan, the archbishop of New York, is scheduled to celebrate Saturday evening Mass with Supreme Chaplain Archbishop William Lori.

On the leadership level, we are in the midst of appointing district masters throughout the world who will help lead the Order for the

next two years. Additionally, for a long time we haven't had a solid training program to help the Fourth Degree know how to function in their assemblies, so we've started a Fourth Degree newsletter that goes out every month. It's an exciting time. We're starting to gain momentum to get people engaged in the future so we can build on another 125 years.

In the United States, we deal all the time with a great misunderstanding about the establishment clause of the First Amendment: "Congress shall make no law respecting an establishment of religion." It's almost to the point where you can't say anything religious, or else some people will claim you're violating the establishment clause. Nowadays, people want to shut down everything that has to do with religion. They want to say you can't have prayer in school or in a public sector; you can't support a military program if you're a church organization, because that violates the establishment clause. Nothing could be further from the truth.



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## SAINT PATRICK'S BASILICA COAT OF ARMS

As is well known, St. Patrick's Basilica on Kent Street in Ottawa was the seat of the Knights of Columbus' 1920 arrival in Ontario, with the formation of Ottawa Council 485 - sometimes unofficially referred to as Pioneer Council. In October 2022, Ottawa Pioneer Council 485 and St. Patrick's Basilica Council 12158 were officially merged. The official name of the merged councils became St. Patrick's Basilica Ottawa Council 485.

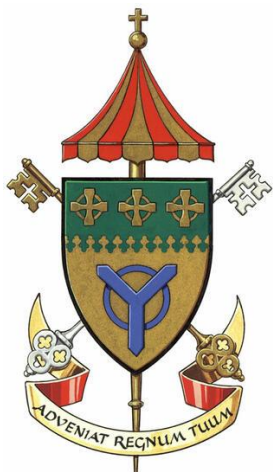
This presentation acknowledges and celebrates the Knights of Columbus' 125th anniversary in Ontario.

The following link will take you to the Governor General of Canada's website, specifically Grant of Arms, Flags and Badge - April 15, 2005 - Vol. IV. P. 475. Here you will find images of 'Arms of Saint Patrick's Basilica' as copied below for interest. Copied with permission.

(The Arms set on an ombrellino proper, which most basilicas have - but not yet at St. Patrick's Basilica), 'Flag of St. Patrick's Basilica', 'Flag of St. Patrick's Basilica' (processional), and the 'Badge of St. Patrick's Basilica'.

There is also an image on the website (unreadable) of the announcement of the letter's patent on October 29<sup>th</sup>, 2005. For more information and images, visit:

<https://www.gg.ca/en/heraldry/public-register/project/473>



Arms of St. Patrick's  
Basilica



Flag of St. Patrick's  
Basilica



Badge of St.  
Patrick's Basilica



Flag of St. Patrick's  
Basilica Flag -  
Gonfalon  
Configuration



# St. Malo



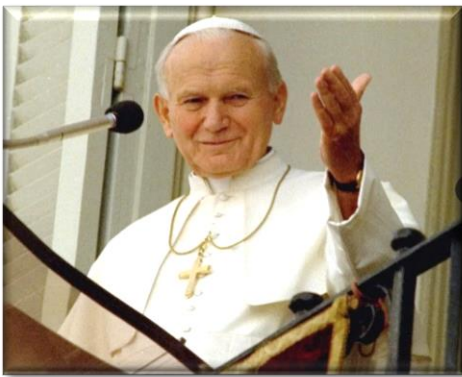
## REFLECTION

### The World Created by God for Man

Prayers and Devotions - 365 Daily Meditations

Pope John Paul II (1984)

If, therefore, our time, the time of our generation, the time that is approaching the end of the second millennium of the Christian era, shows itself a time of great



progress, it is also seen as a time of threat in many forms for man. The Church

must speak of this threat to all people of goodwill and must always carry on a dialogue with them about it. Man's situation in the modern world seems indeed to be far removed from the objective demands of the moral order, from the requirements of justice, and even more of social love. We are dealing here only with that which found expression in the Creator's first message to man at the moment in which he was giving him the earth, to "subdue" it. This first message was confirmed by Christ the Lord

in the mystery of the Redemption. This is expressed by the Second Vatican Council in those beautiful chapters of its teaching that concern man's "kingship", that is to say his call to share in the kingly function - the *munus regale* (a royal office) - of Christ himself. The essential meaning of this "kingship" and "dominion" of man over the visible world, which the Creator himself gave man for his task, consists in the priority of ethics over technology, in the primacy of the person over things, and in the superiority of spirit over matter.

This is why all phases of present-day progress must be followed attentively. Each stage of the progress must, so to speak, be x-rayed from this point of view. What is in question is the advancement of persons, not just the multiplying of things that people can use. It is a matter - as a contemporary philosopher has said and the Council has stated - not so much of "having more" as of "being more."



## SHORT NOTES

### Can Happiness Be Taught - Globe and Mail article on the 3<sup>rd</sup> August 2024

Happiness courses are now available online, and a master's degree from Centenary College in the USA is also available. Sadly, in the two-page article on happiness, no mention was made of the spiritual life and prayer. "Hedonic adaptation" was mentioned, which suggests happiness involves 'maximizing pleasure and minimizing pain.'

### Priests for Third Millennium Archbishop Timothy Dolan (now Cardinal)

Published - 2000

The laity has much to learn from this book. Although primarily directed to priests, seminarians, or those considering entry into religious life, it is much worth the read. The contents include: Living the Christian life -- Faith -- Hope -- Humility -- Fidelity -- Obedience -- Courtesy -- Integrity -- Prudence -- Penance -- Human Formation -- Stewardship of the Spirit -- Patience -- Simplicity of Life -- Joy -- Living the priestly life -- The Eucharist in the life of the priest -- Priestly identity -- Sacrament of Penance -- The Liturgy of the Hours -- Parish priesthood -- Priestly zeal -- Preaching -- Celibacy and chastity -- Devotion to Our Lady.

### Women in the RCMP

Troop 17 74/75 began training on September 16th, 1974. On the same date this year, 20 of the troop's original members attended a dinner in Regina, Saskatchewan, to celebrate the 50th anniversary of women in the RCMP. The women of the RCMP continue to be a proud part of the history of the RCMP - Sgt. (RCMP) H.A. Kinsella, Retired.



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## Origins and History of Thanksgiving in Canada

(Thanksgiving is October 14<sup>th</sup> this year)

Many indigenous peoples in North America have a history of holding communal feasts in celebration of the fall harvest that predates the arrival of European settlers. The European settlers brought with them a similar tradition of harvest celebrations (for which the symbol was the cornucopia, or horn of plenty), dating back to European peasant festivals.



*Thanksgiving Cornucopia*

Arguably, the first Thanksgiving by Europeans in North America was



*Sir Martin Frobisher*

held by Sir Martin Frobisher and his crew in the Eastern Arctic in 1578. They ate a meal of salt beef, biscuits and mushy peas to celebrate and give thanks for their safe arrival in what is now Nunavut. They celebrated Communion and formally expressed their thanks through the ship's Chaplain, Robert Wolfall, who, it was reported, "made unto them a godly sermon, exhorting them especially to be thankfull to God for theyr strange and miraculous deliverance in those so dangerous places [sic]."

In 1606, attempting to prevent the kind of scurvy epidemic that had decimated the settlement at Île Ste. Croix in the winter of 1604-05, Samuel de Champlain founded a series of rotating feasts at Port Royal called the *Ordre de Bon Temps* (Order of Good Cheer). Local Mi'kmaq families were also invited. The first feast was on 14 November 1606."



*Samuel de Champlain*

This was 17 years before what is often recognized as the first American Thanksgiving — the Pilgrims' celebration of their first harvest in Massachusetts in 1621. The prototypical Thanksgiving feast featuring turkey, squash and pumpkin was introduced to Nova Scotia in the 1750s. The citizens of Halifax commemorated the end of the

Seven Years' War in 1763 with a day of Thanksgiving, and Loyalists subsequently brought the celebration to other parts of the country. The feast is called *Action de grâce* in Quebec.

It was not until 31 January 1957, that the Canadian Parliament proclaimed the observance of the second Monday in October as "a day of General Thanksgiving to Almighty God for the bountiful harvest with which Canada has been blessed."

*(References: Wikipedia and the Canadian Encyclopaedia)*

Submitted by: SK Mike Proctor